

Patient Name: \_\_\_\_\_ Appointment Date: \_\_\_\_\_ Appointment Time: \_\_\_\_\_

Patient D.O.B.: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Diagnosis/reason for exam/special instructions: \_\_\_\_\_

Procedure(s) requested: Please check appropriate box or indicate in writing below: Latex Allergy: YES  NO

Referring Physician: \_\_\_\_\_ Contact & Phone: \_\_\_\_\_

Fax reports to: \_\_\_\_\_ Call report?  Yes

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

**Exam Preparation Directions for patients on back**

**IV CONTRAST instructions:**  With  Without  With & Without  At Radiologist Discretion

**\*\*GFR/Creatinine levels are needed for patients 65 and older, insulin dependent diabetic, or history of renal disease/failure for all contract studies.\*\***

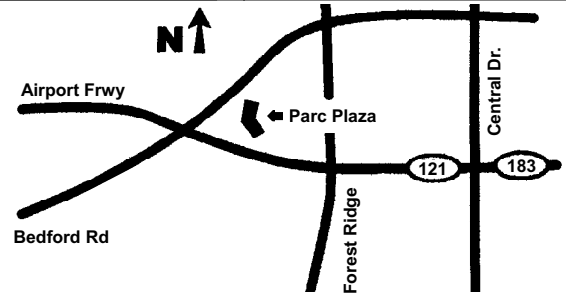
CT	Ultrasound	MRI	Nuclear Medicine	Diagnostic Radiology
<input type="checkbox"/> Abdomen <input type="checkbox"/> Abdomen & Pelvis <input type="checkbox"/> C-Spine <input type="checkbox"/> T-Spine <input type="checkbox"/> L-Spine <input type="checkbox"/> Chest <input type="checkbox"/> Chest for PE <input type="checkbox"/> Extremity: ___ R ___ L ___ upper ___ lower <input type="checkbox"/> Facial Bones <input type="checkbox"/> Head <input type="checkbox"/> Neck Soft Tissue <input type="checkbox"/> Sinuses <input type="checkbox"/> Pelvis <input type="checkbox"/> OTHER: _____  Creatinine ___ GFR ___ Date Drawn: _____	<input type="checkbox"/> Aorta <input type="checkbox"/> Abdomen complete <input type="checkbox"/> Carotid Artery <input type="checkbox"/> Thyroid/Neck <input type="checkbox"/> OB ___ > 14 weeks ___ < 14 weeks <input type="checkbox"/> OB biophysical profile <input type="checkbox"/> OB Complete <input type="checkbox"/> Pelvic <input type="checkbox"/> Transvaginal <input type="checkbox"/> Renal/Bladder <input type="checkbox"/> Soft tissue - Specify: _____ <input type="checkbox"/> Testicular/Scrotum <input type="checkbox"/> Hernia <input type="checkbox"/> Extremities ___ Venous upper ___ R ___ L ___ Venous lower ___ R ___ L <input type="checkbox"/> OTHER: _____	<input type="checkbox"/> Abdomen <input type="checkbox"/> Brain (head) ___ attn IAC ___ attn pituitary ___ attn orbits <input type="checkbox"/> Neck (soft tissue) <input type="checkbox"/> Spine ___ cervical ___ thoracic ___ lumbar <input type="checkbox"/> Extremity: ___ R ___ L ___ upper ___ lower <input type="checkbox"/> Extremity joint: ___ R ___ L ___ upper ___ lower <input type="checkbox"/> MRCP: <input type="checkbox"/> Pelvis/Hips/Sacrum <input type="checkbox"/> OTHER: _____ Creatinine ___ GFR ___ Date Drawn: _____	<input type="checkbox"/> Bone Scan ___ limited area ___ three phase ___ whole body ___ SPECT <input type="checkbox"/> Cardiac Gated (MUGA) <input type="checkbox"/> Cardiac Stress Test ___ One Day ___ Two Day <input type="checkbox"/> Hepatobiliary Scan (HIDA) ___ with CCK ___ without CCK <input type="checkbox"/> Hemangioma <input type="checkbox"/> Liver Scan <input type="checkbox"/> Parathyroid Scan <input type="checkbox"/> Renal Scan <input type="checkbox"/> Thyroid Uptake and Scan <input type="checkbox"/> WBC scan ___ IN-111 ___ 99mTC <input type="checkbox"/> OTHER: _____	<input type="checkbox"/> Abdomen 1 view (KUB) <input type="checkbox"/> Abdomen 2 view (Flat and Up) <input type="checkbox"/> Ankle ___ R ___ L <input type="checkbox"/> Cervical Spine ___ 5 views ___ 3 views <input type="checkbox"/> Chest PA and Lat (routine) <input type="checkbox"/> Chest PA only <input type="checkbox"/> Coccyx & Sacrum <input type="checkbox"/> Elbow ___ R ___ L <input type="checkbox"/> Fingers ___ R ___ L <input type="checkbox"/> Forearm ___ R ___ L <input type="checkbox"/> Foot ___ R ___ L <input type="checkbox"/> Hand ___ R ___ L <input type="checkbox"/> Hip ___ R ___ L <input type="checkbox"/> Humerus ___ R ___ L <input type="checkbox"/> IVP <input type="checkbox"/> Knee ___ R ___ L <input type="checkbox"/> Lumbar Spine ___ 5 views ___ 3 views <input type="checkbox"/> Pelvis AP <input type="checkbox"/> Ribs ___ R ___ L <input type="checkbox"/> Scannogram/Leg length <input type="checkbox"/> Scoliosis Survey <input type="checkbox"/> Shoulder ___ R ___ L <input type="checkbox"/> Sinuses <input type="checkbox"/> Skull <input type="checkbox"/> Thoracic Spine <input type="checkbox"/> Toes ___ R ___ L <input type="checkbox"/> Wrist ___ R ___ L <input type="checkbox"/> OTHER: _____



**Directions to Parc Plaza Imaging:**

Located in the Parc Plaza Building  
1305 Airport Freeway, Suite 100  
Bedford, Texas 76021  
Enter lobby and turn left to suite 100

Please plan to arrive 15 minutes before your scheduled appointment for Registration.  
Please bring this form and your insurance card(s). We accept cash, check or credit card:  
(Mastercard, Visa, American Express or Discover).



## Parc Plaza Imaging

1305 Airport Freeway • Bedford, Texas 76021 • (817) 868-6400

### IMAGING ORDER REQUISITION



## PATIENT PREPARATIONS

For Questions about your appointment, preparations, or the procedure, please call 817-868-6400

### CT

*Abdominal and/or Pelvis Scans:* Nothing to eat or drink 4 hours prior to your examination. If oral contrast is ordered, please come to Parc Plaza Imaging at least one day prior to your exam to receive oral contrast and instructions.

*Head, Neck, Chest :* Nothing by mouth 2 hours prior to appointment.

**\*\*GFR/Creatinine levels are needed for patients 65 and older, insulin dependent diabetics, or history of renal disease/failure for all IV contrast studies.\*\***

**Note:** If you have a history of allergy to contrast media (X-ray dye), please contact the Imaging Center before scheduling the study.

Nursing mothers should stop breast feeding for 48 hours after study.

### IVP

Take 4 Dulcolax tablets (over the counter item available at your pharmacy), between 1 and 2 p.m. the day before your procedure.

Do not eat after 8 p.m., you may drink clear liquids.

Nothing to drink 2 hours before exam.

**\*\*GFR/Creatinine levels are needed for patients 65 and older, insulin dependent diabetics, or history of renal disease/failure for all IV contrast studies.\*\***

### MRI

**Please inform us if you have a pacemaker, artificial heart valves, any metal objects in your body, are pregnant or nursing.**

**\*\*GFR/Creatinine levels are needed for patients 65 and older, insulin dependent diabetics, or history of renal disease/failure for all IV contrast studies.\*\***

**Without Contrast: No preparation is required.**

*Abdominal MRI:* Nothing to eat or drink 4 hours before your exam.

### Nuclear Medicine

*Bone Scan* - You may eat and drink. Your first appointment is for the injection. You will return 3 hours later for the scan, which takes about 1 hour.

*HIDA Scan* - Nothing to eat or drink after midnight until the exam. No morphine for 24 hours prior to exam. No pain meds 12 hours prior to scan. Note: Patient must have had a gall bladder ultrasound within prior 3 months.

*Thyroid Uptake & Scan* - Nothing to eat or drink after midnight until the exam. A telephone interview is required with the Nuclear Medicine department before the day of the exam. All Thyroid medications should be discontinued 6 weeks prior to scan.

*Cardiac (Stress or Adenosine) Scan* - Nothing to eat or drink after midnight until exam. Ask your doctor about taking medications.

### Ultrasound

*Abdominal* - Do not eat, drink, or **chew gum** at least 6 hours prior to your appointment.

*Pelvic or Obstetric* - This examination requires a full bladder. One hour before your appointment, drink 32 oz. of liquid.

Please do not empty your bladder until after your examination is completed.

*No preparation is necessary for patients more than 16 weeks pregnant.*

---

**Parc Plaza Imaging**

1305 Airport Freeway • Bedford, Texas 76021 • (817) 868-6400



\* P O S \*

**IMAGING ORDER  
REQUISITION**